

Flexible Spending Account Sample Expenses

Your health care reimbursement Flexible Spending Account lets you pay for medical expenses not covered by your insurance plan with pre-tax dollars. The products and services listed below are examples of medical expenses eligible for payment under your FSA, to the extent that such services are not covered by your medical, dental, vision or other insurance plan. Unfortunately, we cannot provide a definitive list of qualified medical expenses, so this list is not all-inclusive. A determination of whether an expense is for "medical care" is based on all the relevant facts and circumstances. To be an expense for medical care, the expenses must be primarily to alleviate a physical or mental injury or illness. Placement on this list is not a guarantee that products and services will be reimbursed, it merely acts as a guide of what may be eligible.

MEDICAL EXPENSES

Acupuncture
Addiction Programs & Products
Adoption (medical expenses)
Alternative Medicine Office Visits
Ambulance
Arthritis Pain Creams*
Anti-Itch Creams*
Artificial Limbs
Athlete's Foot Treatment*
Body Scans
Care for the Mentally Handicapped
Chiropractic
Co-payments
Counseling for Medical Illness*
Crutches
Diabetic Supplies
Deductibles
Eye Patches
Fertility Treatment
First Aid (bandages, gauze)
Hearing Aids & Batteries
Hemorrhoid Treatment*
Hospital Services
Incontinence Products
Joint Support Bandages & Hosiery
Laboratory Fees
Monitoring Devices (cholesterol, blood pressure)
Nursing Home Medical Care
Physical Exams
Prescription Drugs
Psychiatrist
Physical Therapy
Smoking Cessation Relief*
Speech Therapy
Vaccinations
Vaporizers & Humidifiers
Wart Removal Medication*
Wheelchair

*The items with an asterisk, and all Over-the-Counter purchases, require a Physician's Prescription in order to be considered.

DENTAL EXPENSES

Artificial Teeth
Cleanings
Dental Work (bridges, crowns, etc.)
Dentures
Orthodontia Expenses
Occlusal Guard to Prevent Teeth Grinding
X-Rays

VISION EXPENSES

Braille Books and Magazines
Contact Lenses
Contact Lens Solution
Eye Exams
Eye Glasses
Laser Surgery
Office Fees
Radial Keratotomy
Seeing Eye Dog and Its Upkeep

WHAT IS NOT ELIGIBLE

Health care expenses that do not qualify as a federal income tax deduction under IRS Code Section 213 also do not qualify for payment through your expense account. The following list includes many of the common expenses that generally do not qualify for reimbursement.

The items with an asterisk may be eligible when submitted with a *Certificate of Medical Necessity* filled out by a medical provider. Contact A-Plus Benefits to request the necessary form.

Personal Hygiene (ie deodorant, soap, shaving cream, sanitary products, etc)
Breast Pump* (if for convenience)
Cosmetic Surgery or Dentistry
Cosmetics (ie makeup, cotton balls, q-tips, baby oil)
Denture Care (ie cleaning and adhesives)
Diapers
Exercise Equipment
Family Planning (condoms)
Hair Care (hair color, shampoo, conditioner, brushes, hair loss products)
Health Club or Fitness Program Fees
Homeopathic Herbs*
Insurance Premiums
Massage Therapy*
Maternity Clothes
Nail Care and Personal Grooming
Nutritional & Dietary Supplements (bars, drinks, shakes, pills*)
Routine Dental Care (toothpaste, floss, mouthwash, fluoride)
Skin Care* (lotion, sun block, lip balm)
Vitamins or Supplements
Weight Reduction Aids* & Programs*
Weight Reduction Foods

* The items with an asterisk require a Certificate of Medical Necessity completely filled out by your Doctor in order to be considered. The required Certificate is available at www.aplusbenefits.com in the Document Center; Employee Benefits forms; Flexible Spending Accounts.